

## **Friends Society Summer Camp 2022**

Friends Society runs a project “Youth Club” wherein adolescents’ boys and girls from the neighborhood from low socio economic group spend their evening time at Petit Library. FS volunteers extend support to them by helping in their academics, providing avenues for meaningful sports and entertainment activity.

As part of the above project a week long summer camp was organized for the beneficiaries during 23<sup>rd</sup> May 2022 to 30<sup>th</sup> May 2022 at the N.M Petit library campus during the evening hours.

Children growing up in a little less privileged circumstances experience a childhood that often defies the imagination of ‘innocent childhood’. So is the case of the camp where our main focus was to cater to the genuine-needs of the kids for their overall development. Out of which, the most important was to teach them about Etiquettes, Mental health & Sanitation. The activities were structured in such a way that a kid after the end of the 8-day session should feel a little more confident and be proud of himself/herself irrespective of any socio-economic background.

On an average 23 children between the age group of 10-15 years attended the camp. Eight young volunteers of Friends Society conducted the camp activities with the help and support from six resource persons.

The list of activities conducted is mentioned below.

**Art & craft** session on crafting a Magnet badge with quills, glue, and pen-paper did a major boost up as the opening event. Many went on to create their own ways of decorating. Painting with water colour is a major task with brain which is why a session on painting was listed.

In order to stay alert and confident, a session of **Self-defense** was conducted through the basics to protect from harm was taught. Everyone did get a vague idea about **good-touch & bad-touch** as well.

The perennial **dance** session extracted the best out of all the kids. Swaying with the rhythmic beats is not an easy task but the zeal & zest among the kids did help them to learn a lot through music & dance.

**Mental Health** on the other hand, cannot be disregarded. Thence, was our session on the optimistic version of strength & the power of mental stability.

Being culturally active also enables kids towards exposure and open- mindedness. The **Skit**-session with a **Moral** was planted to enlarge the scope of empathy among the kids.

**Ramp-walk** for Girls was an added event. A good posture and a good walk adds up in transforming a human with induced confidence to several fold.

Green environment is the hot potato. Preserving, promoting and protecting our natural habitat is not a new thing to be aware of. To sensitise kids towards the importance of a healthy environment for a healthy life, a session of **Plantation** was conducted. Kids customised their own pots and planted seeds.

**Games** are an indispensable part of every child's life. With due consideration to this, games like Treasure Hunt, In-and-out for amplifying the inner self and strength games like Tug of War was conducted.

Response / Reaction of the beneficiaries:

- a) *"I enjoyed a lot during the camp. Got to learn many new things. Thank you FS"- **Vedika***
- b) *"I had fun attending the Summer Camp. We were taught Art& Craft & we were taken for Picnic to Mangla Farm. We danced and enjoyed a lot in the swimming pool"- **Ayan***
- c) *"FS gave me such a wonderful opportunity to be a part of the Summer Camp. I am very happy. We learnt to dance, paint, cat-walk and many things. I feel so lucky to be a part of the team"- **Nishtha***
- d) *"The eight-day Summer Camp was full of fun, masti & happiness. FS Volunteers, Asmita ma'am and all didi-bhaiyas were very cooperative. I am very happy that I could learn so many Interesting things in the summers"- **Sufiyan***

**Glimpses of the activities hereunder:**

# FRIENDS SOCIETY Summer Camp 2022



## GLIMPSES



**Session on  
'Best out of Waste'**



**Session on  
Good Touch-Bad Touch**



**Session on  
Music & Dance**



**Session on Self Defense**



**Session on Mental Health**



**Session on Art & Craft**



# Group Photos



KIDS ON THE FINAL DAY



ONE WITH THE OWNER OF  
MANGLA FARM



KIDS DURING THR PICNIC



PLANTATION



TREASURE HUNT



BREAKFAST AT MANGLA FARM



# Closing Ceremony & Mangla Farm



Kids sharing their experience



Trustees & Parents



Media Coverage



Swimming Pool -  
their favorite place



SKIT-  
Birbal ki Khichdi



Ramp Walk



Prize Distribution



Enjoyment to the fullest



Happy Faces



Volunteers + Kids+ Parents  
The Final Photo



